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Candidate for the President of the Polish National Association of Doctoral Candidates



Dear Readers,

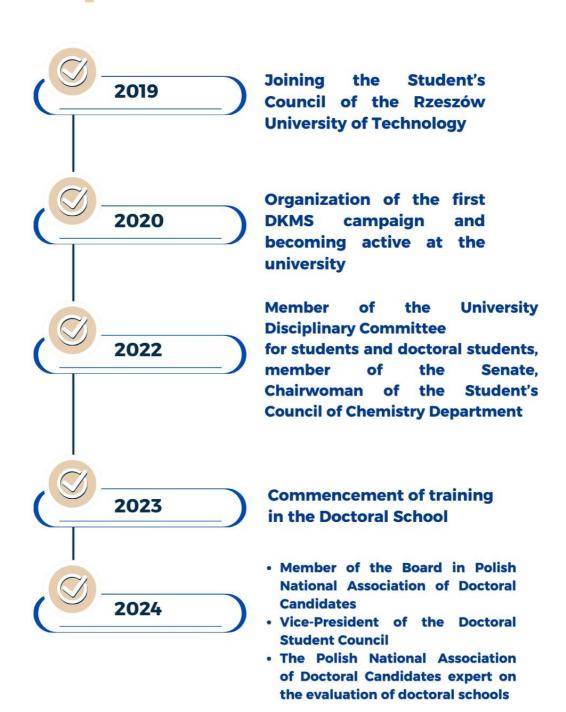
I am very pleased that you have decided to take the time to visit this website and read the materials I have prepared. Through the content posted here, I am honoured to present my candidacy for the position of President of the Polish National Association of Doctoral Candidates and to share the plans and initiatives that, together with my team and all those willing to cooperate, I would like to implement together.

It is your needs and expectations that motivated me to act. My deep conviction that caring for our common space can bring about many positive changes, gives me the strength to take on further challenges. In the next tabs you will find more detailed information on the subject.

The last part of the website is dedicated to you. You can use the contact form to send me your ideas, suggestions and topics that you would like to share with me - I encourage you to do so. I'm looking forward to working with you for the benefit of our doctoral community.

Best regards

My experience



A few words about me



My name is Anna Nieczaj and I pursue my education at the Ignacy Łukasiewicz Doctoral School of the Rzeszów University of Technology. I am active in the Doctoral Student Council and the Polish National Association of Doctoral Candidates, and academically I am involved in chemical engineering. In my free time, I like to read moral books, collect plants and develop my hobby - scuba diving.

My PhD is an important part of my professional life, allowing me to pursue my passion for science. As part of my dissertation entitled. 'Biologically active compounds as potential therapeutic agents against diseases of civilisation', I am researching antibacterial peptides that may find application in the treatment of bacterial infections. My aim is to develop compounds that are effective yet safe for human cells, which is of great importance in the context of the fight against antibiotic resistance. Part of this research involves collaboration with international research teams.

From an early age I wanted to do something for others. This was the rationale behind my decision to get involved with the DKMS organisation, which aimed to promote bone marrow donation and register potential bone marrow donors in the organisation's database. This experience inspired me to continue my activities in the social environment. The Student Council seemed to be a space that had incredible potential for the social activities I liked, studies and opportunities to have a real impact on student affairs and everything around us at the university.





A few words about me

During my studies, I became involved in the life of my *Alma Mater* - from being a member of the Senate of the Rzeszów University of Technology to belonging to other committees. In the following years, I actively participated in the conventions of student organisations nationwide. The time spent together, exchanging views and defining the scientific didactic and organisational needs of students from other units in the country, gave me a broad cognitive perspective and motivated me to become even more involved in the functioning of the academic community on a national scale. Organization of events - from the departmental level, through the university level, to the national level allowed me to develop my skills in team management, negotiation and relationship building in environments different from my everyday surroundings.





After starting my education at the Ignacy Łukasiewicz Doctoral School of Rzeszów University of Technology, it fetl natural for me to get involved in the doctoral students' council. I joined the Doctoral Student Council of the Rzeszów University of Technology, where I was elected vice-chairwoman and member of the University's Quality Assurance Committee. In my work for the doctoral student community, I always follow the principle of dialogue and cooperation. My duties in the doctoral students' council include organising events and conferences as well as supporting doctoral students in their daily academic challenges, mainly in terms of consulting on education and social conditions. As part of my duties, I also cooperate with the university authorities with a view to improving the quality of education and supporting doctoral students.

As a member of the board of the the Polish National Association of Doctoral Candidates, I keep abreast of the most important issues affecting doctoral students in Poland. I actively participate in numerous events and consultations representing the Polish National Association of Doctoral Candidates in the national arena, which allows me to be at the centre of the most important discussions concerning science and higher education. This year, among others, I participated in the 2nd NAWA Internationalisation Congress, where I had the opportunity to speak during a panel on the internationalisation of doctoral schools. Constant contact with representatives of doctoral students from other universities in Poland undoubtedly allows me not only to listen to the needs of doctoral students from different backgrounds, but also to build a joint representation of our interests at national level.

A few words about me



One of the projects I am coordinating in my capacity as a member of the Board of the Polish National Association of Doctoral Candidates is the creation of a report on the interest of students to undertake doctoral school education. The presumed outcome of this survey is to open up the doctoral community to outside opinion and encourage students to take up Doctoral Schools. The report will have a real impact on the development of policy concerning doctoral students and may provide justification for future changes in the law on higher education.

The decision to run for the post of chairperson of the Polish National Association of Doctoral Candidates stems from my firm conviction that doctoral students need strong and effective representation. Thanks to my experience - both in councils and scientific activity - I have an opportunity to make a real impact on improving the quality of education, and social and legal conditions for doctoral students in Poland. I want every doctoral student to feel that their voice, as individuals, is heard and their needs are taken into account. I am convinced that, thanks to my experience to date, both in self-government and academic activities, I can effectively represent the interests of the entire doctoral student community, striving for changes that will make our environment more open, supportive and modern.





The following set of observations and proposals is a suggestion of a course of action, which will be subjected to further discussions and consultations in order to reflect as closely as possible the real needs and expectations of the doctoral community. I believe that together we are capable of creating a future in which science and the development of young researchers occupy a central place. Creating this future means not only responding to current challenges, but also actively creating conditions that will allow Polish science to develop internationally. I am very keen on shaping the doctoral community together.

This programme is based on my experience in working on the Board of the Polish National Association of Doctoral Candidates and the numerous discussions held at meetings at the national forum, during conferences and other scientific and environmental events. The conversations conducted with doctoral students, which showed me the real problems and barriers they face in doctoral schools, are of graetest importance to me. The inclusion of selected issues in this programme does not imply that their implementation to date is inadequate, but indicates the need for their further improvement and adaptation to changing socio-economic conditions. Our aim is not only to respond to current needs, but also to actively develop science and create space for it to flourish - both nationally and internationally.

I have created an application form in the 'Your Proposal' section, which allows you to contact me directly on matters of importance to doctoral students. I am convinced that there are many issues in our environment that need attention, so I am keen on listening to your point of view. I encourage you not only to point out problems, but also to share ideas on how to solve them. I am open to collaboration and ready to work in close cooperation with anyone who wants to build the future of the doctoral community together with our team. Thanks to your suggestions and involvement, we can jointly work out real changes that will affect the development of science and improve the conditions for doctoral students in Poland.

This document aims to evaluate and update the action plan of the Polish National Association of Doctoral Candidates - it also focuses on setting new priorities and indicating further steps that may support the development of the environment. The proposed objectives should be the subject of regular updates and joint work by the entire doctoral community. Although not all of them can be accomplished in a single term of office, the consistent and long-term work of successive KRD Boards and the joint commitment of all doctoral students may lead to their full realisation in the future.



Regulatory and legislative area



- Supporting doctoral students in the face of legislative changes monitoring the implementation of postulates to the amendment of the Law on Higher Education and Science
- Continued training and recruitment of the Polish National Association of Doctoral Candidates experts for evaluation of doctoral schools
- Monitoring of the Act on the Polish Academy of Sciences and the Acts on research funding agencies
- Preparation of recommendations for bylaws of doctoral schools and doctoral council in line with the new regulations
- Access to legal advice continuation of free consultation for doctoral students

Psychological and social support area



- · Mental health support for doctoral students
- · Increasing doctoral scholarships through area-based measures
- Social support for doctoral students
- · Academic ethics function





The organisational area



- Organisation of cyclical meetings with the Polish National Association of Doctoral Candidates Executive Board in an online format
- · Organisation of conferences and thematic training conventions
- · Training and workshops
- Development of events and projects of the Polish National Association of Doctoral Candidates
- Support in obtaining grants for proposed projects

Area for external activities



- External relations Representatives in NCN, NCBiR, NAWA, ABM and other funding organisations | Cooperation with the Ministry of Science and Higher Education
- Promoting international cooperation





A space for learning and academic dialogue



- · Popularising science and raising public awareness
- Openness, dialogue and cooperation
- Update on the strategy for implementing the demands of the doctoral community



Regulatory and legislative area

Supporting doctoral students in the face of legislative changes - monitoring the implementation of postulates to the amendment of the Law on Higher Education and Science

With the upcoming amendment of the Law on Higher Education and Science, the doctoral community will face new challenges and changes that will affect both the daily lives of doctoral students and the functioning of doctoral schools. A key priority in the short term will be to monitor the new regulations closely and ensure that the interests of doctoral students are properly represented in the implementation of these changes. Not only do we need to understand how the new regulations will affect everyday lives of doctoral students, but we also need to take concrete action to make their voices heard in consultations and debates about the changes. The Polish National Association of Doctoral Candidates must be prepared to work closely with the Ministry of Science and Higher Education and other bodies to provide support in adapting to the new legislation. One of our main objectives will be to prepare a practical guide to the amended Act to help PhD students understand the changes. We will also create a guide to the revision of the regulations for doctoral schools so that everyone is clear about the new rules. Q&A meetings are also planned to allow direct questions and address concerns. Our priority will be to be transparent about the implementation of the new rules and to respond to issues as they arise. By organising training, consultation and outreach activities, we will effectively prepare the doctoral community for the upcoming changes. Our joint efforts will allow us not only to better understand the amendments, but also to actively shape the future of science and higher education in Poland.

Continuation of training and recruitment of KRD experts for evaluation of doctoral schools Building the subjectivity of the doctoral community in the Commission for the Evaluation of Science and influence on the evaluation process and criteria

In view of the ongoing challenges in the evaluation process of doctoral schools, we will be re-recruiting experts for the KRD Doctoral School Evaluation Team. Our aim is not only to replenish the membership, but also to strengthen the role of doctoral students in the educational quality evaluation process. In addition to the recruitment of new members, further training is planned for the team of experts that has already been established in order to continuously improve their competence. We want our experts not only to have a broad knowledge of the higher education system, but also to continuously improve their skills by gaining experience during the evaluation of subsequent doctoral schools. One of the most important long-term challenges is also to systematically increase the impact of the evaluation of the quality of education in doctoral schools on respecting the rights of doctoral students and creating a comprehensive system of care and support. Every effort should be made to place verification of the fulfilment of the statutory rights of the doctoral students' council (to infrastructure, financial resources, agreement and opinion) directly in the evaluation process, and to create other support mechanisms - in particular for the council, doctoral organisations, science, internationalisation, or doctoral students with specific needs. For doctoral students, this is particularly important, as independent and professional evaluation contributes to the quality of education, which directly affects the conditions for their learning and career development. Empowering doctoral students in the process of evaluating the quality of doctoral schools remains a priority, and the continuous further training of the KRD's team of experts will help to ensure that evaluations are carried out at an increasingly high level.

Monitoring of the Act on the Polish Academy of Sciences and the Acts on research funding agencies

Basic rules concerning functioning of the doctoral students' council and its activities are regulated in the Act of 20 July 2018. - Law on Higher Education and Science (Journal of Laws of 2023, item 742, as amended - hereinafter: PSWiN). Pursuant to Article 215 of the PSWiN, doctoral students studying in doctoral schools form a doctoral students' council, and the provisions concerning its functioning are also applied accordingly in institutes of the Polish Academy of Sciences running doctoral schools. The Act imposes an obligation to provide appropriate conditions, including infrastructure and financial resources, necessary for the functioning of doctoral students' self-government. The aim of the activities of the Polish National Association of Doctoral Candidates is to monitor changes in the Act on the Polish Academy of Sciences on an ongoing basis. It is essential that these changes respond to the needs of the doctoral community and young scientists, taking into account their proper representation and institutional support. It is also essential to guarantee transparency and fair access to research funding.

It is also crucial to monitor the inclusion of doctoral student representation in the National Science Centre and the National Centre for Research and Development. This is based on the need to ensure that the voice of young scientists is adequately taken into account in the key institutions responsible for assessing the quality of research and the distribution of funding for scientific projects.

Preparation of recommendations for regulations of doctoral schools and doctoral council in line with the new regulations

In view of the upcoming revision of the Law on Higher Education and Science, the Polish National Association of Doctoral Candidates plans to issue and promote updated recommendations for the regulations of doctoral schools and doctoral council as soon as possible. The new regulations will bring significant changes, so our recommendations will be adjusted to them in order to help doctoral students and institutions effectively adapt to the new regulations. An important part of the implementation of these recommendations will be the consultation with the Local Ambassadors for Doctoral Student Rights, who have participated in the KRD project and have fundamental knowledge of the applicable laws. This will be an important element in shaping internal regulations in line with the new legislation, supporting both doctoral students and doctoral schools in the upcoming legislative changes.

Access to legal advice - continuation of free consultation for doctoral students

The Doctoral Student Ombudsman plays a key role in protecting the rights of doctoral students, especially in the context of changing law. This includes mediating with universities and institutes, clarifying legal issues and intervening when violations are found. An important part of the Ombudsman's work is also monitoring cases of psychological violence and providing support to those affected. In view of the upcoming revision of the Law on Higher Education and Science, free legal consultations for doctoral students will continue in order to support them in solving formal problems, such as scholarships or study conditions.



Psychological and social support area

Mental health support for doctoral students

In recent years, increasing attention has been paid to the mental health of doctoral students, the importance of which cannot be overestimated in the context of their academic and professional development. Mental health of doctoral students is an increasingly important issue that requires special attention. Research intensity, performance pressures, financial concerns, and work-life balance often lead to chronic stress, burnout and health problems. Providing easier access to psychologists, therapists and support groups is clearly an essential element. Therefore, one of the key demands is the introduction of a structured and easily accessible psychological support system for doctoral students, which could play a significant role in improving their well-being and academic performance. Facilitating access to psychologists who will be able to offer professional help to doctoral students struggling with emotional and psychological difficulties. The possibility of free consultations, also in remote form, will facilitate access to support, regardless of the location of the doctoral student. Furthermore, an information campaign on mental health among PhD students is planned, encouraging them to take regular care of their mental health and informing them of the resources and support options available.

Increasing doctoral scholarships through area-based measures

One of the priorities of the Polish National Association of Doctoral Candidates will be to continue to provide financial support for doctoral students, including a systematic increase in doctoral scholarships. In the face of rising living costs and economic challenges, current stipend rates are becoming inadequate, which can lead to difficulties in continuing their studies. Doctoral students dedicating themselves to research often face serious financial problems, and failure to address this situation may force many of them to abandon further education. That is why continuous efforts are planned to raise the amount of doctoral scholarships and to introduce regulations that will ensure that the amount of the scholarship is not lower than the minimum wage. In view of the upcoming amendment to the Law on Higher Education and Science, systematic activities are planned to ensure that doctoral scholarships are in line with the postulated changes to the law. We will actively monitor the implementation of the new provisions, in particular those concerning the amount of scholarships, to ensure that doctoral students receive financial support that is in line with current economic conditions. This will include work on developing recommendations to facilitate the implementation of the new regulations. Through these activities, doctoral students will be assured that the changes to the stipend system will be effectively implemented and will promote their academic development.

Social support for doctoral students

In view of the upcoming changes to the Law on Higher Education and Science, a key demand is the introduction of effective social support mechanisms for doctoral students who are in a difficult life situation. The current stipend is often insufficient to cover additional, unforeseen expenses related to difficult life situations. Therefore, the introduction of allowances into the regulations of universities and institutes, is essential to provide doctoral students with real financial support in emergency situations. In parallel, as part of the government's plans to renovate and build new dormitories, we will aim to ensure places in student residences for doctoral students. With plans by the Minister of Science to allocate funds for this purpose from the Municipal Housing Surcharge Fund, we will seek to create a housing infrastructure that will support PhD students in pursuing their academic careers. Access to places in dormitories could realistically relieve PhD students of the cost of living, allowing them to focus on their academic work without having to take on additional employment. These two areas of social support - subsidies and access to places in student halls of residence - are key to creating optimal conditions for doctoral students, which in the long term will translate into the development of Polish science.

Academic ethics function

Create support mechanisms for doctoral students who experience unequal treatment, psychological abuse or discrimination. The establishment of an academic ethics function will enable active oversight of compliance with the moral values, ethical standards and principles of conduct at the university. This includes compliance with the code of ethics as well as ensuring fairness, equal treatment, dignity and protection of the rights of members of the academic community. Addressing a wide range of issues related to ethical violations, including harassment, psychological abuse, discrimination or other unethical behaviour. The name is suggestive, as it indicates adherence to norms and values, but does not specifically specify what cases are covered, allowing for a broader understanding. The person in this role will work closely with the Doctoral Student Ombudsman.



The organisational area

Organisation of cyclical meetings with the KRD Executive Board in an online format

Introducing open online meetings of the Board of the Polish National Association of Doctoral Candidates would be an important step towards increasing the transparency of our organisation's activities and the involvement of doctoral students from all over Poland. It would also facilitate active participation in the work of the NCRD by doctoral students who, for various reasons - geographical, health, logistical - are unable to attend meetings in person. Such an initiative would allow for a more active exchange of information between Board members and doctoral students, which in turn could lead to a better understanding of local problems and faster implementation of solutions. One key element of these meetings would be to organise Q&A sessions in advance, where PhD students could directly raise questions, requests and ideas. The openness of the meetings would also increase the sense of accountability of the KRD Board to the doctoral community, and the transparency of decisions would build greater trust.

Organisation of conferences and thematic training conventions

The introduction of a year-round calendar of scientific and training events organised by the Polish National Association of Doctoral Candidates is an important element of strengthening the involvement of the doctoral community in scientific and council activities on a national level. The plan would include the organisation of thematic conferences, training conventions and online meetings with the KRD Board to support the development of doctoral students in areas ranging from scientific to organisational. A calendar of events will be available on the KRD website, enabling doctoral students, local authorities and inter-entity agreements to plan their participation and involvement in KRD initiatives accordingly. As part of this plan, in addition to regular items such as the KRD Delegates' Convention and the national conference, there will also be training workshops, open meetings and other projects such as the School of the Young Scientist-Local Government, PRODOK, PROPAN or the Local Ambassador for Doctoral Student Rights. These events will be an excellent space to exchange knowledge, acquire new skills and integrate the doctoral community. Cooperation with other institutions of the higher education sector and the organisation of joint events will allow initiatives to be better tailored to the needs of doctoral students and will ensure a greater impact on shaping the future of science in Poland.

Training and workshops

One of the most important aspects of preparing young scientists is specialised training and workshops in soft skills, which are fundamental to success in the world of science. Organising training in aspects such as research project management, diplomatic etiquette and fundraising will enable doctoral students to acquire the competences necessary both to conduct research and to function effectively in the scientific community internationally. Because the role of young scientists goes well beyond research alone - PhD students are the future leaders, experts and representatives of science in the world. In this context, training in diplomatic protocol is particularly important, as it helps to develop a range of behaviours appropriate for key roles in science. The ability to move in international scientific circles, to use appropriate forms of communication and to understand the principles of diplomacy are qualities that will enable doctoral students to perform their functions not only in scientific institutions, but also in activities with foreign partners, international organisations and when attending scientific conferences at the highest level.

Development of events and projects of the Polish National Association of Doctoral Candidates

The Polish National Association of Doctoral Candidates will continue and develop the existing projects aimed at supporting doctoral students at every stage of their academic and professional development. In previous editions, these projects have achieved the anticipated success which confirms the need for their organisation and their important role for the doctoral community.

- LAPD Local Ambassador for Doctoral Student Rights: This project will be continued and developed to provide
 even better support to doctoral students on their rights and responsibilities. By appointing local ambassadors, we
 aim to increase the availability of information and assistance in dealing with problems related to doctoral
 education.
- SMNS School of Young Scientist-Government: This is an initiative aimed at developing the competences of
 doctoral students not only in research, but also in the area of local government activities. The SMNS training
 programme will enable young scientists to acquire skills that are useful both in their scientific work and in
 organisational activities.
- Doctoral schools are our future: striving to improve the model of doctoral schools in Poland is one of our key priorities. We will carry out activities aimed at improving the quality of doctoral education, adapting it to the needs of the labour market and strengthening the position of doctoral schools in the higher education system.
- The National Scientific Conference of the KRD: The organisation of the next edition of the conference is aimed at
 creating a platform for the exchange of knowledge, experience and the establishment of cooperation between
 doctoral students from different scientific centres in Poland. We will continue to develop this initiative to make it
 an important event in the doctoral calendar, fostering the integration of the community and supporting young
 scientists in their development.

Each of these projects aims to develop both academically and organisationally, but also to strengthen the position of doctoral students in the academic community so that they can actively shape the future of Polish science.

Support in obtaining grants for proposed projects

Support in obtaining grants for proposed projects is a key element in the development of doctoral students' activities, both in the scientific and organisational spheres. The Polish National Association of Doctoral Candidates wants to actively support young researchers who wish to pursue their own initiatives and projects. Our role does not only end with running our own tried and tested programmes - such as LAPD, SMNS, or the National Scientific Conference of the KRD - but also includes full support for those who have ideas for new activities and projects but need help in raising funds and preparing grant applications. We remain open to working with PhD students who would like to develop new initiatives. We are happy to help at any stage - from conceptualising a project, to writing a grant application, to advising on project management. Our aim is to provide full support - both substantive and organisational - to enable valuable initiatives that will serve the entire doctoral community. We believe that working together on new projects and initiatives will help not only in the development of individual doctoral students, but also in the further improvement of Polish science.



Area for external activities

External relations - Representatives in NCN, NCBiR, NAWA, ABM and other funding organisations | Cooperation with the Ministry of Science and Higher Education

External relations are a key element of the effective operation of the Polish National Association of Doctoral Candidates, enabling a real impact on the shaping of scientific and educational policy in Poland and creating better conditions for the career development of young scientists. Cooperation with institutions such as the National Science Centre, the National Centre for Research and Development, the National Agency for Academic Exchange and the Ministry of Science and Higher Education is a key element of this strategy. Relations with NCN, NCBiR and NAWA should include active participation in the work of these institutions, which will allow us to react on an ongoing basis to changes in research funding programmes and to request that their offer be adapted to the specific needs of doctoral students. We will call for the participation of CRD representatives in decision-making and consultation bodies, which will allow more effective representation of the interests of doctoral students, as well as the creation of better conditions for financing and supporting research projects, especially those carried out by young scientists. Cooperation with the Ministry of Science and Higher Education is equally important, as it shapes policy on higher education, the education of doctoral students and their working conditions. It is planned to maintain an ongoing dialogue with the Ministry to enable legislative changes that can directly improve the situation of doctoral students, e.g. in the area of funding or career development programmes.

Promoting international cooperation

The development of foreign cooperation is an important element not only for the scientific career of Polish doctoral students, but also for strengthening the position of Polish science on the international arena. Thanks to the fact that the Polish National Association of Doctoral Candidates has successfully developed solid foundations and looks after the interests of doctoral students at national level, the time has come to go out more widely - to the international scientific community. This is an excellent opportunity not only to develop partnerships with foreign research institutions and organisations for young scientists, such as Eurodoc (European Council of Doctoral Candidates and Junior Researchers) or ESOF (EuroScience Open Forum), but also to promote the achievements of Polish doctoral students by showing that the research conducted in Poland is of a high, world-class standard. International cooperation will give Polish doctoral students access to a wide range of opportunities, such as participation in international research projects, exchange of experience and drawing on best practice in managing doctoral schools, funding research and shaping career paths. Thanks to active participation in international initiatives, we will be able to support doctoral students even more effectively and, at the same time, promote Poland as a country with great scientific and research potential, open to cooperation with the best centres in the world.



A space for learning and academic dialogue

Popularising science and raising public awareness

One of the key objectives is to actively promote the scientific achievements of PhD students both within and outside academia. I intend to aim to organise open lectures, workshops and popular science events that will bring research results to a wider audience. An ideal venue will be the organisation of the National Scientific Conference of the KRD, during which the research of doctoral students from all over Poland is popularised. A key aspect will also be to engage with the media to popularise key findings and innovations. The aim of our activities will be to build bridges between science and society, enabling better understanding and implementation of innovations and increasing civic involvement in scientific processes.

Openness, dialogue and cooperation

The activities of the Polish National Association of Doctoral Candidates should be based on openness, transparency and active dialogue with the entire doctoral community. A key element of effective cooperation is good communication. An important aspect of its activities is to continue to provide open and wide-ranging information on initiatives taken, projects and legal changes. Regular correspondence with doctoral authorities and the provision of communication platforms will be key. We will provide a space open for cooperation with doctoral students from all over Poland, enabling them to participate in project and task teams. Every doctoral student, regardless of their affiliation with formal structures, will be able to join in and co-create initiatives organised under the aegis of the CoRD. The regular organisation of open meetings, both online and in different parts of Poland, will create opportunities for ongoing contact with the KRD Board and for the integration of doctoral students, fostering joint problem-solving and the development of new ideas. Only through open communication, commitment and mutual support can we effectively develop the doctoral community in Poland and meet the challenges of the future.

Update on the strategy for implementing the demands of the doctoral community

Systematically review and update the strategy for implementing the key demands developed by the doctoral community including the Polish National Association of Doctoral Candidates. In the dynamically changing context of higher education and science, it is essential that the actions taken respond to the current needs and challenges of doctoral students. The implementation strategy will involve working closely with academic institutions, research funding agencies and university and institute authorities to ensure that the demands of doctoral students are adequately addressed in science and education policies. Updating the strategy will allow a flexible response to legal, organisational and financial changes that may affect the quality of education and working conditions of doctoral students. It also envisages regular consultations with the doctoral community, including regular meetings at KRD events and email contact, which will allow constant verification that the solutions being implemented meet the real needs of doctoral students. In addition, the strategy includes monitoring the progress of the implementation of individual postulates and adapting the tools and support mechanisms to ensure the most effective and long-term effects.



The demands presented are not the final version and are a prelude to discussion. I still have many discussions and consultations ahead of me to adapt them to the needs of our environment. However, I already wanted to highlight the key points that will form the foundation of my work.



If you see additional areas that have not been included and need attention, I warmly invite you to submit your comments and suggestions via the form under 'Your idea'. Feedback sought from the doctoral community is extremely valuable to me and will help to develop the best solutions for our community.

There are many challenges ahead of us, but also great opportunities. I believe that together we can create the future and develop science - building a strong and supportive academic community.

I encourage you to support my candidacy and work together for the development of us all. Together we can do more!

With best regards and hope for successful cooperation

Anna Nieczaj